

## St Helens- Day Away

### Description



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PSALM 86:11:

TEACH ME YOUR WAYS, LORD, THAT I MAY RELY ON YOUR FAITHFULNESS  
ME AN UNDIVIDED HEART, THAT I MAY FEAR YOUR NAME.

Bookings opening soon

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### Date and time

11th October 2025 Registration 9.30 for 10am start Prompt 3.30 finish

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### Opening soon

£7 (includes refreshments and a light lunch)

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### St Helens

#### [New Life Church](#)

Phythian Street, Haydock, St Helens, WA11 0AH

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### Parking

Parking on street parking

## Worship • Teaching • Conversation

**Come away for a day of inspiration, connection and realignment.**

Many things pull at our hearts and distract us from God's presence. But like David in Psalm 86, we long to be women who pray, *"Give me an undivided heart, that I may fear your name."* **This is an invitation to pause, realign, and ask God to teach us His ways-together. With our hearts set on Him,** how can we use our unique gifts, voices and passions to build homes, churches and communities that reflect His love? How do we create spaces that are vibrant, welcoming and beautifully diverse-where every generation, background and story belongs? **Let's dream together, pray together and discover how to be the kind of authentic, joyful friends who naturally introduce others to Jesus in everyday ways.**



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# UNDIVIDED HEART PROGRAMME

**Time: 9:30am – 3:30pm**

**9:30-10:00am (30 mins)**

**Coffee & Registration**

Welcome, settle in, and enjoy a warm drink as we prepare our hearts for the day. **10:00-10:20am (20 mins)**

**Worship – Led by Sue Rinaldi**

Re-aligning our hearts in praise and surrender. **10:20-10:50am (30 mins)**

**Session 1: Undivided in Truth – Sarah McKerney (tbc)**

Let's begin with Psalm 86 and explore what it means to live with a heart fully devoted to God – not split by fear, distraction, or divided loyalties. Through David's example, we'll consider how truth anchors us, shapes us and draws us back to wholeness in a world that pulls us in every direction. **10:50-11:05am (15 mins)**

**Thought for the Day – Beth Gillman**

A gentle, reflective moment to begin to connect our hearts with His purposes. **11:05-11:25am (20 mins)**

**Refreshment Break**

Time to pause, chat and reflect.

**11:25-11.45 (20 mins)**

**Session 2: The Undivided Heart of Activate Your Life – Activate Team**

What is Activate all about and how can we help women like you?

**11.45-12.30 (45 mins)**

**Session 3: Undivided but not in a row – Rhiannon Goulding**

This honest and hope-filled seminar is for anyone who has ever struggled with comparison, felt like they are behind, or wondered if they're getting it right. **12:30-1:30pm (1 hour)**

**Light Lunch**

Enjoy lunch, conversation and connection in a relaxed setting.

**1:30-1:50pm (20 mins)**

**Worship – Led by Sue Rinaldi**

Let's refocus and return to worship, refreshed and expectant. **1:50-2:30pm (40 mins)**

**Session 4: Undivided Attention: Seeing the One in Front of You – Rachel Allcock**

Rediscover how small, intentional moments can lead to deep, lasting connections. Be encouraged to live with an undivided heart as you pursue people with love, grace, and authenticity.

**2:30-2:45pm (15 mins)**

**Refreshment Break**

Grab a drink and have a final chance to connect before we close the day. **2:45-3:20pm (35 mins)**

**Session 5: Undivided in Purpose: Go with Courage – Sue Rinaldi**

This is your call to action: go gently but boldly. You are already positioned and equipped by God to be a light. **3:20-3:30pm (10 mins)**

**Closing Prayer & Blessing**

A final time of reflection and prayer as we leave encouraged, connected, and empowered.

**We Can't Wait to Meet You!**

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Rachel Allcock  
Enjoys family game  
nights, shopping  
for bargains,  
making

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Sue Rinaldi

A singer-songwriter,  
worship leader,  
speaker, and content  
creator. Passionate





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Rhiannon Goulding

loves juggling  
projects, inspiring  
faith journeys,  
embracing



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Bethany Gillman

**Plays drums and  
loves food! Beth  
enjoys being  
outdoors, spending  
quality time with**





## [Find out more about the team here](#)

Want to know more about Activate Days Away?

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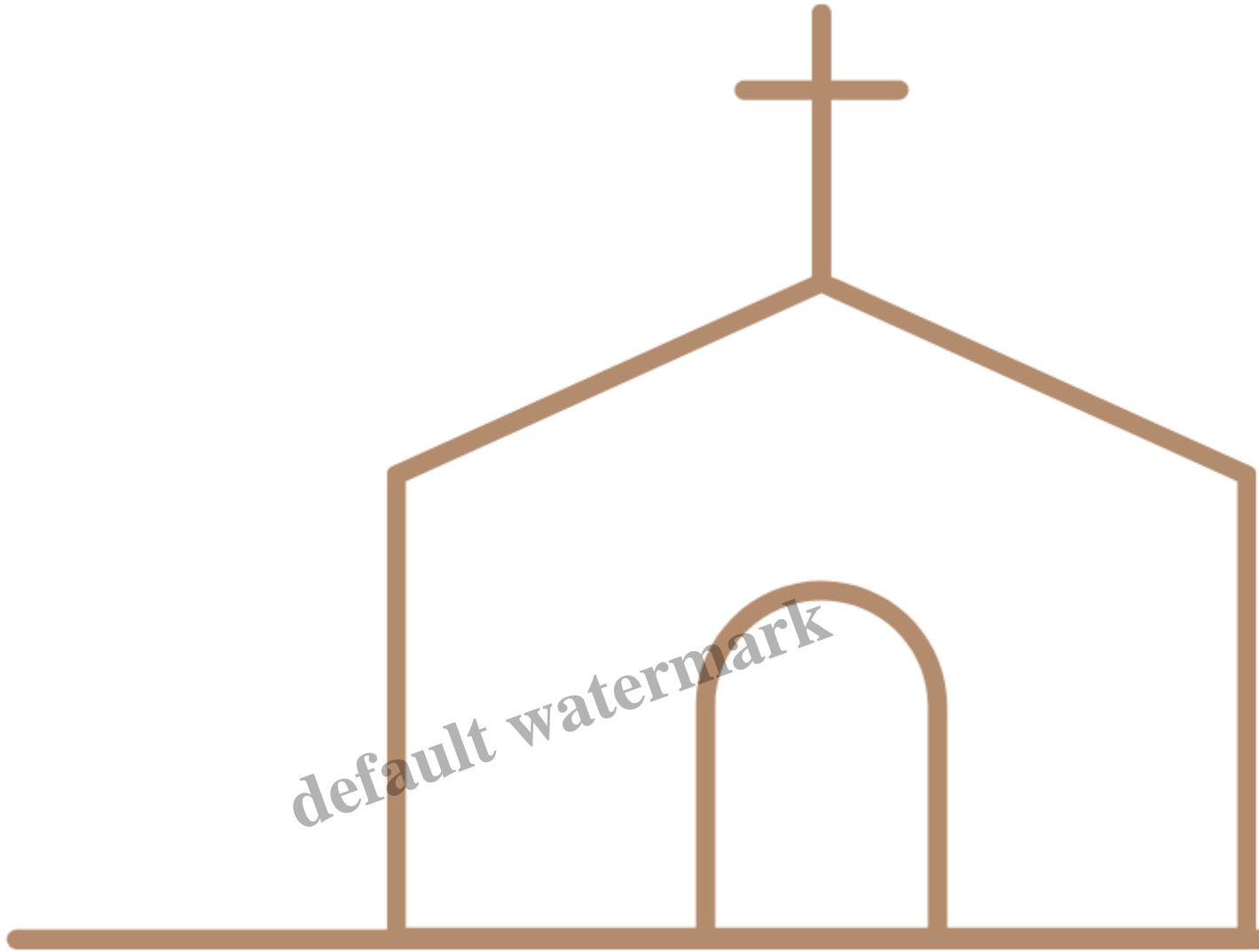






**Location & Directions**

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# NEW LIFE CHURCH

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## Venue Address

**New Life Church – Phythian Street, Haydock, St Helens, WA11 0AH Please note:** The main entrance is on **West End Road**, but to avoid confusion with nearby churches, we recommend using the **Phythian Street side entrance**-look out for signs on the day! **Parking:** Free on-street parking is available nearby.

### Public Transport:

- Nearest train station: **Earlestown** (10 minutes by taxi or 20 by local bus)
- Buses run regularly through Haydock from St Helens, Newton-le-Willows and nearby areas. Look for stops near **West End Road**.

# A Glimpse of What Others Experienced

### Could you describe the day away in one sentence?

- Inspiring, encouraging and real. It's a great day to learn more about God, myself and those I live and work with.
- I came away feeling blessed and more confident, so thank You!
- It was easy to understand and practical: you can take it into your walk with the Lord and reach others in little ways.
- An uplifting, empowering and enlightening day which has helped me to be equipped to go forward in all aspects of my life.

### What is your main 'takeaway' from this event?

- How we can have an impact on others using different strategies.
- Blessed – learnt a lot from the speakers. Lovely songs to worship God with all the ladies there.
- I honestly feel that I'm taking many opportunities to tell friends and neighbours about Jesus and help them on their journey towards him.
- That being 'me' with God at the centre is enough. I'm thankful that my eyes have been further widened to how 'power' is misused in all walks of society, including in our own home. With this information and support today, I can make healthy changes to my relationship and in my workplace.

### Any other comments.

- The speakers were excellent, well informed and obviously have a heart for what God has led them to do.
- The speakers were fantastic, very real and honest. Looking forward to going to the next event.
- I wasn't sure what to expect- Evangelism is a big word, but I could understand about Love and I felt enabled to show it and have God use that in His way.
- Felt very loved and looked after. And to be able to worship with other ladies. A very special day. Thank you.

**Date Created**

16/04/2025

**Author**

rhiannon-0102

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